



At the Maples Club, we might:

- Go on a bus ride to see the fall colors
- Make poppies to wear to remember Veterans
- Play cards
- Work in our raised Victory Garden
- Go to light-duty, fun exercise class
- Laugh and smile

The Maples Club is fully integrated with our on-going activities, so there's always something to do. Our trained staff enjoy what they do and enjoy spending time with our club members and residents. They are committed to making your loved one feel welcome, relaxed and comfortable. Above all else they want to know your loved one enjoys the time they spend with us.

Experience life  
with us at  
The Maples Club!



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Chelsea, MI 48118

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[www.silvermaples.org](http://www.silvermaples.org)

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AN ADULT DAY CENTER  
**MAPLES CLUB**



A PROGRAM PROVIDED BY  
SILVER MAPLES OF CHELSEA

# ENRICHES LIVES AND BUILDS UPON AN INDIVIDUALS' SKILLS, KNOWLEDGE AND STRENGTHS

## WHEN SHOULD ADULT DAY SERVICES BE CONSIDERED?

It's often challenging to admit you need help, especially when you've been an independent person used to caring for others all your life. It's equally difficult if you're the caregiver, to consider allowing "strangers" to care for your



beloved family member. We have found that it's best to start exploring what's available before you actually need it. According to Elder-Care Online, you should seriously consider using adult day services when an individual:

- Can no longer manage their own daily activities
- Can't be safely left alone
- Is isolated and desires companionship
- Lives with someone who works outside the home, or who is frequently away from home for other reasons.

## BENEFITS OF ADULT DAY SERVICES

Adult day services offers a win/win scenario for everyone in the family—not only the individual who attends the program, but also for the family member who has primary responsibility as caregiver. Programs such as these provide a much needed respite for the caregiver.

### FOR THE CAREGIVER, THE BENEFITS CAN BE A BLESSING

- A respite for the caregiver
- Peace of mind knowing your loved one is being taken care of
- Short or long term care options
- Services at an affordable price

### FOR THE CLUB MEMBER, THE BENEFITS CAN BE ABUNDANT

- Social interaction—fun, engaging and entertaining programs
- Improvement in mental and physical health
- Enhanced or maintained level of independence
- Nutritious meals and snacks

## WHAT WE DO AT THE MAPLES CLUB

At the Maples Club, our goal is to provide a welcoming and interesting place to visit. We look to meet the needs of each of our club members, whether it's playing Chess, watching a classic movie, creating pet blankets for local vets, or just shooting the breeze. We want your loved one to be comfortable at the Maples Club and enjoy the time they spend with our staff and our residents.



Elsie Celebrates Her 100th birthday with Silver Maples staff and residents