



SILVER MAPLES OF CHELSEA DINNER MENU JANUARY 23RD THRU 29TH



SM4	MONDAY JAN 23RD	TUESDAY JAN 24	WEDNESDAY JAN 25	THURSDAY JAN 26	FRIDAY JAN 27	SATURDAY JAN 28	SUNDAY JAN 29
SOUP	@	@CREAM OF MUSHROOM	@HARVEST GRAIN	@ PASTA BEAN SOUP	@CHICKEN NOODLE	@MINESTROE	@BLACK BEAN
BREAD		HAWAIIAN ROLL	ROLL	ROLL	CROISSANT	ROLL	ROLL
SALADS		TOSSED SALAD W/ BLUEBERRIES &PECANS FRESH FRUIT COTTAGE CHEESE	DEEP FRIED GREEN BEANS FRESH FRUIT APPLE SAUCE	TOSSED SALAD W/ CRANBERRIES & ALMONDS FRESH FRUIT COTTAGE CHEESE	SALSA AND CHIPS FRESH FRUIT APPLE SAUCE	TOSSED SALAD W/CUCUMBER & CHEESE FRESH FRUIT COTTAGE CHEESE	PICKLED BEETS AND ONIONS FRESH FRUIT APPLE SAUCE
ENTREES	CHINESE NEW YEAR YEAR	POTATO COD HUNTERS STEAK CHICKEN VELOUTE	BUTTER CRUMB SCROD ROAST PORK ROSEMARY BAKED CHICKEN	CRAB CAKES HOT BEEF SANDWICH NOREENE'S CHICKEN	FRESH COD FRY BABY BACK RIBS CHERRY GLAZED CORNISH HEN	ORANGE ROUGHY OPEN FACE MEATLOAF CHICKEN PILAF	SALMON BEEF PASTIES BROCCOLI & CHEESE CHICKEN
DINNER SALAD		GRILLED CHICKEN	TUNA TOMATO	BLT	TURKEY CASHEW	FRESH VEGGIE	HAM & CHEDDAR
STARCHES		MASHED POTATO W/ GRAVY HUSH PUPPIES	MASHED POTATO W/GRAVY BAKED POTATO	MASHED POTATO W/GRAVY GARLIC ROASTED REDSKINS	MASHED POTATO W/ GRAVY POTATO SALAD	MASHED POTATO W/GRAVY BLACK EYED PEAS	MASHED POTATO W/GRAVY BAKED BEANS
VEGETABLE		SUGAR SNAP PEAS BRUSSELS SPROUTS CHEESE SAUCE	CORN W/ PEPPERS ASPARAGUS TIPS	CALIFORNIA VEGETABLE BLEND WAX BEANS	COLE SLAW FRESH GREEN BEANS	ITALIAN VEGETABLE BLEND PEAS AND CARROTS	BEAN MEDLEY STEWED TOMATO
DESSERT		#DUTCH APPLE PIE	# COCONUT CAKE	#BANANA CREAM PIE	#LEMON CAKE	#COOKIES AND CREAM PIE	#BUTTERSCOTCH PUDDING

@ - CONTAINS MORE THAN 400 mgs OF SODIUM PER SERVING

(SOME CHEF'S CHOICE SOUPS CONTAIN LESS THAN 400 mgs OF SODIUM PER SERVING PLEASE ASK YOUR SERVER)

- NOT RECOMMENDED FOR DIABETIC OR CALORIE CONTROLLED DIETS

SUGAR FREE DESSERTS ALWAYS AVAILABLE

LOW SODIUM SOUPS ALWAYS AVAILABLE

PLEASE MAKE ALL RESERVATIONS AT EXT. 208

