



# SILVER MAPLES OF CHELSEA DINNER MENU March 1st thru 7th



SM5	MONDAY MAR 1 <sup>ST</sup>	TUESDAY MAR 2 <sup>ND</sup>	WEDNESDAY MAR 3 <sup>RD</sup>	THURSDAY MAR 4 <sup>TH</sup>	FRIDAY MAR 5 <sup>TH</sup>	SATURDAY MAR 6 <sup>TH</sup>	SUNDAY MAR 7 <sup>TH</sup>
<b>SOUP</b>	@LOBSTER BISQUE	@LUMBER JACK VEGETABLE	@CHILI	@ ITALIAN WEDDING	@MANHATTAN CLAM CHOWDER	@HARVEST GRAIN AND MUSHROOM	@ BEEF BARLEY
<b>BREAD</b>	ROLLS	CROISSANT	ROLL	CROISSANT	ROLL	CROISSANT	ROLLS
<b>SALADS</b>	MINI VEGETABLE EGG ROLLS  FRESH FRUIT  APPLE SAUCE	TOSS SALAD W/ BLUEBERRIES AND WALNUTS  FRESH FRUIT  COTTAGE CHEESE	BREADED OKRA  FRESH FRUIT  APPLE SAUCE	TOSS SALAD W/ APPLES AND PECANS  FRESH FRUIT  COTTAGE CHEESE	FRESH SLICED TOMATOES  FRESH FRUIT  APPLE SAUCE	TOSS SALAD  FRESH FRUIT  COTTAGE CHEESE	SPICED APPLE RINGS  FRESH FRUIT  APPLE SAUCE
<b>ENTREES</b>	BAKED SALMON  ROAST BEEF  WILD MUSHROOM CHICKEN	FRESH WHITEFISH  MEATLOAF  BBQ CHICKEN	BUTTER CRUMB SCROD  HONEY BAKED HAM  CHICKEN PASTIES	SHRIMP FETTUCCINI ALFREDO  LAMB SHANKS  BAKED CHICKEN	BEER BATTERED COD  VEGETABLE LASAGNA  TURKEY AND DRESSING	TILAPIA  STUFFED PEPPERS  CHICKEN ALA KING	SMELT  BEEF STEW OVER BISCUIT  APPLE ALMOND CHICKEN
<b>DINNER SALAD</b>	SEAFOOD	GREEK	SPINACH	TACO	SHRIMP	ARTICHOKE	GARDEN
<b>STARCHES</b>	MASHED POTATO W/GRAVY  YUKON GOLD POTATO	MASHED POTATO W/GRAVY  ACORN SQUASH	MASHED POTATO W/GRAVY  HOMEMADE POTATO SALAD	GARLIC HERB MASHED POTATO  BAKED POTATO	MASHED POTATO W/GRAVY  FRESH SWEET POTATO	MASHED POTATOES W/ GRAVY  HOT BEETS	MASHED POTATO W/GRAVY  MACARONI AND CHEESE
<b>VEGETABLE</b>	FRESH BABY CARROTS  SPINACH	CAULIFLOWER WITH CHEESE  COLESLAW	FRESH SAUTÉED SQUASH  BEAN MEDLEY	FRESH ASPARAGUS  CALIFORNIA VEGGIES	CORN CASSEROLE  FRESH GREEN BEANS	KEY WEST VEGGIES  GREEN PEAS	SUGAR SNAP PEAS  BRUSSELS SPROUTS W/ HOLLANDAISE
<b>DESSERT</b>	# DUTCH APPLE PIE	#SPICE CAKE	# BROWNIES	GERMAN CHOCOLATE CAKE	#PUMPKIN PIE	#BLACK FOREST CAKE	#CHOCOLATE CREAM PIE

@ - CONTAINS MORE THAN 400 mgs OF SODIUM PER SERVING

(SOME CHEF'S CHOICE SOUPS CONTAIN LESS THAN 400 mgs OF SODIUM PER SERVING PLEASE ASK YOUR SERVER)

# - NOT RECOMMENDED FOR DIABETIC OR CALORIE CONTROLLED DIETS

SUGAR FREE DESSERTS ALWAYS AVAILABLE

LOW SODIUM SOUPS ALWAYS AVAILABLE

PLEASE MAKE ALL RESERVATIONS AT EXT. 208

