



# SILVER MAPLES OF CHELSEA DINNER MENU MARCH 8TH THRU 14TH



SM1	MONDAY MAR 8 <sup>TH</sup>	TUESDAY MAR 9 <sup>TH</sup>	WEDNESDAY MAR 10 <sup>TH</sup>	THURSDAY MAR 11 <sup>TH</sup>	FRIDAY MAR 12 <sup>TH</sup>	SATURDAY MAR 13 <sup>TH</sup>	SUNDAY MAR 14 <sup>TH</sup>
<b>SOUP</b>	@CHICKEN NOODLE	@SPLIT PEA	@NAVY BEAN AND HAM	@TOMATO FLORENTINE	@CLAM CHOWDER	@CHICKEN AND RICE	@ CREAM OF MUSHROOM
<b>BREAD</b>	ROLL	CROISSANT	ROLL	CROISSANT	ROLL	ROLL	ROLLS
<b>SALADS</b>	SPINACH AND CHEESE DIPPERS  FRESH FRUIT  COTTAGE CHEESE	TOSS SALAD WIT WALNUTS AND CHERRIES  FRESH FRUIT  APPLE SAUCE	CARROT RAISIN SALAD  FRESH FRUIT  COTTAGE CHEESE	TOSS SALAD  FRESH FRUIT  APPLE SAUCE	SPINACH DIP WITH RYE BREAD  FRESH FRUIT  COTTAGE CHEESE	TOSS SALAD WITH CRANBERRIES  FRESH FRUIT  APPLE SAUCE	ASSORTED APPETIZERS  FRESH FRUIT  COTTAGE CHEESE
<b>ENTREES</b>	COCONUT CRUSTED TILAPIA  VEAL PARMESAN  CRANBERRY CHICKEN	ORANGE ROUGHY  SWISS STEAK  APPLE GLAZED CORNISH HEN	POTATO COD  SWEDISH MEATBALLS  HAWAIIAN CHICKEN	RAINBOW TROUT  COUNTRY FRIED STEAK  BAKED CHICKEN	BREADED SHRIMP  BRATWURST AND KRAUT  ITALIAN CHICKEN	PARMESAN TILAPIA  PEPPER STEAK  BROCCOLI AND CHEESE CHICKEN	BAKED COD  OPEN FACE MEATLOAF  SWEET AND SOUR CHICKEN
<b>SALAD</b>	STRAWBERRY CHICKEN	TURKEY SWISS	FRUIT	GRILLED SALMON	GRILLED CHICKEN	FRESH VEGGIE	BLT
<b>STARCHES</b>	SOUR CREAM AND CHIVE MASHED POTATO  ROASTED REDSKINS	MASHED POTATO W/GRAVY  BUTTER NUT SQUASH	MASHED POTATO W/GRAVY  BAKED POTATO	MASHED POTATO W/GRAVY  HOMEMADE POTATO SALAD	MASHED POTATO W/GRAVY  SCALLOPED POTATO	MASHED POTATO W/GRAVY  SWEET POTATO	MASHED POTATO W/GRAVY  BUTTER BEANS
<b>VEGETABLE</b>	CAPE COD MIXED VEGGIES  WAX BEANS	SAUTÉED CABBAGE  FRESH BABY CARROTS	CORN  FRESH SAUTÉED ZUCCHINI	FRESH PARSNIPS  COLESLAW	GREEN PEAS  BEAN MEDLEY	SUGAR SNAP PEAS  SUCCOTASH	STEWED TOMATO  BRUSSELS SPROUTS W/ CHEESE
<b>DESSERT</b>	#PEACH PIE	# CHOCOLATE CAKE	#APPLE COBBLER	#RICE PUDDING	#STRAWBERRY SHORT CAKE	#COCONUT CREAM PIE	#COOKIES AND CREAM MOUSSE

@ - CONTAINS MORE THAN 400 mgs OF SODIUM PER SERVING

(SOME CHEF'S CHOICE SOUPS CONTAIN LESS THAN 400 mgs OF SODIUM PER SERVING PLEASE ASK YOUR SERVER)

# - NOT RECOMMENDED FOR DIABETIC OR CALORIE CONTROLLED DIETS

SUGAR FREE DESSERTS ALWAYS AVAILABLE

LOW SODIUM SOUPS ALWAYS AVAILABLE

PLEASE MAKE ALL RESERVATIONS AT EXT. 208

