



SILVER MAPLES OF CHELSEA DINNER MENU JULY 26TH THRU AUG 1ST



SM1	MONDAY JULY 26 TH	TUESDAY JULY 27 TH	WEDNESDAY JULY 28 TH	THURSDAY JULY 29 TH	FRIDAY JULY 30 TH	SATURDAY JULY 31 ST	SUNDAY AUG 1 ST
SOUP	@VEGETABLE	@CREAM OF POTATO	@MINISTRONE	@CHICKEN NOODLE	@CLAM CHOWDER	@STUFFED GREEN PEPPER	@ CREAM OF MUSHROOM
BREAD	ROLL	CARROT BREAD	ROLL	ROLL	SWEET POTATO BREAD	ROLL	ROLL
SALADS	BROCCOLI COLESLAW FRESH FRUIT APPLE SAUCE	TOSSED SALAD WITH CHERRIES AND WALNUTS FRESH FRUIT COTTAGE CHEESE	MINI BURRITOS FRESH FRUIT APPLE SAUCE	TOSSED SALAD WITH CRANBERRIES FRESH FRUIT COTTAGE CHEESE	COLESLAW FRESH FRUIT APPLE SAUCE	TOSSED SALAD MANDARIN ORANGES FRESH FRUIT COTTAGE CHEESE	SPICED APPLE RINGS FRESH FRUIT APPLE SAUCE
ENTREES	PARMESAN TILAPIA POT ROAST SESAME CHICKEN	FRESH WHITEFISH BEEF STROGANOFF RASPBERRY CHICKEN	BUTTER CRUMB SCROD BRATWURST AND KRAUT CHICKEN CORDON BLEU	SHRIMP FETTUCCINI ALFREDO COLD PLATE BAKED CHICKEN	FRIED PERCH HONEY BAKED HAM BBQ CHICKEN	HALIBUT WITH FRUIT SALSA PEPPER STEAK OVER RICE APPLE ALMOND CHICKEN	GARLIC HERB TILAPIA LASAGNA W/ GARLIC BREAD BROCCOLI AND CHEESE CHICKEN
SALAD	TUNA TOMATO	BLT	FRUIT	CREAMED HERRING	FRESH VEGGIE	TURKEY SWISS	BEEF AND CHEDDAR
STARCHES	MASHED POTATO W/GRAVY ROASTED REDSKINS	MASHED POTATO W/GRAVY AU GRATIN POTATO	MASHED POTATO W/GRAVY BAKED POTATO	MASHED POTATO W/GRAVY RICE PILAF	MASHED POTATO W/GRAVY FRESH SWEET POTATO	MASHED POTATO W/GRAVY MACARONI AND CHEESE	MASHED POTATO W/GRAVY PICKLED BEETS
VEGETABLE	FRESH SAUTÉED ZUCCHINI FRESH BABY CARROTS	CORN CASSEROLE FRESH ASPARAGUS	CALIFORNIA VEGETABLES BRUSSELS SPROUTS W/ CHEESE SAUCE	PEAS AND CARROTS FRESH VEGETABLE MEDLEY	CORN ON THE COBB FRESH GREEN BEANS	STEWED TOMATO ITALIAN VEGGIES	WAX BEANS SUCCOTASH
DESSERT	#DUTCH APPLE PIE	# LEMON MERINGUE PIE	#CHERRY COBBLER	#LEMON MOUSSE CAKE	# PUMPKIN PIE	#COCONUT CAKE	#TAPIOCA PUDDING

@ - CONTAINS MORE THAN 400 mgs OF SODIUM PER SERVING

CHERRY CHEESE CAKE

(SOME CHEF'S CHOICE SOUPS CONTAIN LESS THAN 400 mgs OF SODIUM PER SERVING PLEASE ASK YOUR SERVER)

- NOT RECOMMENDED FOR DIABETIC OR CALORIE CONTROLLED DIETS

SUGAR FREE DESSERTS ALWAYS AVAILABLE

LOW SODIUM SOUPS ALWAYS AVAILABLE

PLEASE MAKE ALL RESERVATIONS AT EXT. 208

